

# Paediatric First Aid Training

## Course Content Overview





## **Paediatric First Aid Training - Course Content Overview**

This course is suitable for anyone who cares for young children and infants, whether in a professional setting (nannies, teachers, baby-sitters etc.) or in a private context (family, household etc.)

### **Content**

#### **Module 1 - Course Aims & Learning Outcomes**

The importance of First Aid,  
Course aims and learning outcomes,  
The First Aid 3Ps

#### **Module 2 - Primary Survey & CPR**

The primary survey,  
DRABC,  
CPR on children and infants,  
The recovery position

#### **Module 3 - Secondary Survey & Care**

The aim of conducting the secondary survey,  
Understanding how to conduct a secondary survey,  
Assessing history, signs and symptoms,  
Understand how to check a casualty's heart rate,  
When to call an ambulance



## **Module 4 - Injuries, Illnesses & Treatments**

Choking,  
Wounds and bleeding,  
Burns and scalds,  
Eye and head injuries,  
Nosebleeds,  
Strains and sprains,  
Febrile seizures,  
Epilepsy,  
Sickle Cell Disease,  
Meningitis,  
Croup Disease,  
Asthma,  
Allergic Reactions,  
Anaphylaxis,  
Insect Bites and Stings,  
Poisoning,  
Drowning,  
Poisoning,  
Drowning,  
Hypothermia,  
Electric shock,  
Hyperventilation,  
Anxiety, Fear and Panic